



FROME & DISTRICT PISTOL CLUB

PRESENTS

2026 BENCH REST OPEN SHOOT

Saturday 10th October 2026

At

The Anglo Trading Estate, Commercial Road, Shepton Mallet
BA4 5BY

Entries online to

<https://forms.gle/948ULpv4PqcvTnqd6>

Or by email or post to:

B Morgan
32 Barters Drive
Chapmanslade
BA13 4GL

Email: bazamorgan@btintenet.com

FROME & DISTRICT PISTOL CLUB - 2026 BENCH REST OPEN SHOOT

DATE 10th October 2026

Format

60 shots to count. 30 shots at 25 yards, 30 shots at 50 metres. Bench rest only

Competition shot in the spirit of the NSRA Rules, no rear bags/ bipods or holding the butt/fore end with the non shooting hand.

Same rifle to be used throughout

Course of Fire

25 yards.

Practice a. Two cards of 10 targets each Deliberate fire. 15 minutes allowed - time to include as many sighters as the competitor wishes

Practice b. One card of 10 targets to be shot rapid fire - 90 seconds allowed. No sighters. Gun to start unloaded

50 metres

Practice c. One card of 10 targets deliberate fire in 7 minutes. Time to include as many sighters as competitor wishes

Practice d. One card of 10 targets to be shot rapid fire - 90 seconds allowed - no sighters - gun to start unloaded

Practice e. Mini McQueens snap shooting - 10 rounds. 3 seconds per exposure, 15 - 20 seconds between exposures. No sighters, start with gun loaded

Shot cards - to be handed over to the RCO on completion of each detail

Tie Breakers - will be done on X count. If that is equal, X count at 50M rapid fire

Firearms

- any .22LR rifle - can be single shot or with a magazine, scoped or iron sights.
- any .177 or .22 air rifle - all scored as .22

Targets

Fig 14/ 50M BR



Appropriate NSRA targets bearing the “-18” suffix will be used at each distance

10 x Reduced NRA Figure 14 will be used for Practice e, inward scoring with the central dotted circle scoring 10, the inner scoring 9, the blue circle scoring 8 and the outer circle scoring 7. To score an X the shot needs to be fully inside the inner circle. When shooting the mini Mcqueens practice, you need to be able to see all 10 targets at the same time - roughly, maximum magnification of 24x

Averages

There will be three classes. These will be arranged into three roughly equal numbers and depend on averages declared/assumed for the deliberate/rapid fire and a judgement of ability in the Mini Mcqueens

Entry Fees - £12

To be paid by BACS to: FDPC Ltd, Sort Code 20-05-06, a/c no 20500240
Or cheque made payable to FDPC Ltd to address on front of this form

Please use "BR Comp" as the reference. Closing date for entries 1st October 2026.
At present we can only accept 24 competitors

Prizes

Prizes will be awarded to 1st, 2nd and 3rd places in each Class if there are 8 shooters or more, 1st and 2nd only if there are 5-7 shooters and 1st only if there are 4 or less shooters in each Class.

Top score overall will be awarded the prestigious FDPC Open Trophy

Squadding

Detail 1 - 25 yards 0900 - 0930; 50M 1000 - 1120

Detail 2 - 25 yards 1030 - 1100; 50M 1130 - 1240

Detail 3 - 25 yards 1200 - 1230; 50M 1300 - 1420

Detail 4 - 25 yards 1330 - 1400; 50M 1430 - 1540

Squadding priority will go to those travelling the furthest. Please ensure you check in at least 15 minutes before your first practice

**FDPC BENCHREST OPEN SHOOT
ENTRY FORM
SATURDAY 10th October 2026**

NAME

ADDRESS

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Email:Telephone

Club

Squad choice 1st choice 2nd choice

Average (calculated from last 6 cards officially scored).

Are you sharing a rifle - important to allow proper squaddingY/N and with whom?

Certified by Club Official.....

Fees Paid

BACS Details - FDPC Ltd; Sort code 20-05-06; A/c no: 20500240

I confirm and accept that :

- I will abide by all rules, regulations and procedures of the competition and of FDPC ltd;
- I will obey all RO range commands and accept that the Match Director's decision is final
- I understand the risks of the sport and enter at my own risk with no liability on FDPC Ltd. I must wear eye and hearing protection at all times while shooting
- I declare that I am either; 1. A member of FDPC or 2. I hold a personal FAC for the firearm I will use and at no time will I contravene the conditions of my FAC
- I declare that I am not a "prohibited person" as defined in Section 21 of the 1968 Firearms act (as amended)
- Results, pictures and other information may appear on the FDPC Ltd website or any other media

Signature.....

Date

Note: Entry will only be accepted on receipt of payment